



BSA Troop 94

Cycling Merit Badge Class, 2010

We will be conducting a Cycling Merit Badge class this summer with a goal of completing the Merit Badge by summer's end. The emphasis of the class is on road riding and road riding skills and safety. The class will be conducted using the Bike Safety Guidelines in the Cycling Merit Badge handbook.

Prerequisites:

- Must be First Class rank or higher
- Need a bike that fits you with gears. A road bike, mountain bike, or comfort/hybrid/cross bike are all suitable. No single-speed, fixed-gear, or BMX-style bikes. We will discuss bike fit at the first meeting.
- Need an ANSI/Snell approved helmet that fits you.
- Need basic riding skills and physical fitness.
- Need an up-to-date BSA medical form on file. If you have any medical conditions, need to have a physician's approval specifically for long-distance cycling.
- Need a signed permission/waiver form from your parent/guardian.
- Need to be able to follow all instructions from the adult supervisor, without exceptions.

The class will be a combination of classroom and riding time. We have a lot of riding to do to complete the merit badge. Rides will be on weekend afternoons for the most part, and will depart from various points around the county. On our longer rides, we will need a parent to provide "sag" support.

If you're interested in the class, see Mr. Showalter at the troop meeting or call him at 470-2014. We'll start toward the end of May and will work up a class schedule together as a group.